

### **Individual & Group Coaching**

Inspire your leadership teams to achieve new levels of performance through OPSisters offerings based on proven processes, sound leadership principles, and the science of human flourishing. Kathy Miller and Shannon Karels inspire leaders of all levels with their insight based on successful careers as senior operations leaders in the male-dominated world of manufacturing.

#### **Contact Us**

# **Keynotes**

### Women in Leadership & STEM

Kathy and Shannon offer sage advice on key success factors that shaped their careers. They share their unique perspectives about the relationships, realities, and results that contributed to their professional trajectories, all while unapologetically contributing from a place of authenticity.

### **Leading Meaningful Business Transformations**

Leading change that results in new ways of doing business and better results is facilitated by deliberate endeavors. From setting the vision through celebrating the teams' success, Kathy and Shannon share the elements that drive an engaging, high-performing culture, and ultimately accelerated improvement.

#### **Successful Lean Implementation**

There are many ways to engage a team in a complete lean transformation. Learn the steps of the roadmap Kathy and Shannon used in Steel Toes and Stilettos to successfully lead an enterprise from a traditional batch manufacturing organization to lean operations. Not only is there a

sequence of tool implementation that systematically helps the team succeed, but cultural elements that help it accelerate and become sustainable.

# **Training**

# **Meaningful Lean Transformation Program**

Learn the key steps of the roadmap to implementing a meaningful lean transformation. At each step, the key points of the lean system elements are taught along with the fundamental environmental characteristics required to achieve sustainable success.

## Value Stream Transformation: From the Plant to the Office

Many organizations that undertake a lean transformation begin and end their efforts in manufacturing. However, the principles and tool sets, with minor modifications, are equally applicable in the business functions of a company. Learn how to take the lean concepts to functional processes to enjoy operational excellence throughout the enterprise.

# Coaching

#### Individual

Receive individual coaching sessions from an International Coaching Federation Certified Coach with over 30 years of senior leadership experience and formal education in the science of human flourishing.

#### Group

Teams of 8-12 participate in a facilitated learning program consisting of 10 sessions designed to improve individual and leadership skills based on principles that are scientifically correlated to personal and organizational thriving. Through group discussions and experiential homework assignments, participants learn principles and techniques that contribute to an efficacious workplace. (Efficacious = possession of a special quality or virtue that gives effective power.)